

Casual attendance welcome
Maximum 20 students as per government COVID 19 restrictions
Please bring your own mat & props

September 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<p>Morning Practice 6:30 am – 7:30 am Denise Commencing 23 September – in studio & online <u>Bookings required / contact</u></p>			<p>Morning Practice 7:30 am - 8:45am Lisa In studio <u>Bookings</u></p>	
<p>General Class 9:30 am - 10:45 am Ute <u>Bookings / contact</u></p>	<p>General Class 9:30 am - 10:45 am Ute Note: Tue 1 September – online <u>Bookings / contact</u></p>					
	<p>Blissful flow – all levels 6:15 pm – 7:30 pm Lara In studio <u>Bookings required / contact</u></p>		<p>Prana Yoga 6:00 pm- 7:15 pm Prue / Heleen New term starting, 17 September – 26 November (single class attendance welcome, subject to space in the class – please book online) Information/ bookings: https://www.lotushealth.com.au/timetable-yoga-meditation4.htm</p>		<p>Yin Yoga Immersion 2:30 pm – 4:30 pm Denise 26 September – in studio & online <u>Bookings required / contact</u></p>	

CLASS PRICE LIST

YOGA CLASS PASS	PRICE
Casual Class	\$25.00
10 Class Pass Valid 3 months from date of purchase	\$220.00
Casual Class (Teacher Trainees, TYI Graduates)	\$18.00
Casual Class (Pensioner or Student Concession)	\$160.00
10 Class Pass (Concession, TYI Graduates) Valid 3 months from date of purchase	\$200.00
6 Class Pass Valid 2 months from date of purchase	\$135.00
Private Yoga Initial Consultation	\$145.00
Private Yoga Lesson (Prices May Vary)	\$110.00
Private Yoga Lessons x 3 sessions (Including Initial Consultation)	\$330.00

***** Discounts available for Pensioner Cards and full-time students \$16.00 per class**